



PESHAWAR DENTAL COLLEGE

Educational Project of

PRIME FOUNDATION



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

المؤمنون 115

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ

کیا تم نے یہ سمجھ رکھا ہے کہ ہم نے تمہیں بے مقصد (فضول) پیدا کیا ہے اور کیا تمہیں ہماری طرف بلٹانا ہی نہیں؟

A Schematic Representation of the *Dental Education Model at PDC*





PESHAWAR DENTAL COLLEGE

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PRIMEFOUNDATION



RECOGNITIONS



Permanently recognized
by PM&DC



Approved by the Federal
Government, Ministry of Health,
Islamabad



Recognized by Higher Education
Regulatory Authority (HERA)



Affiliated with
Riphah International University,
Islamabad

**General
Dental
Council**

Recognized to ORE



Recognized by College of
Physicians & Surgeons Pakistan
for FCPS-II Training



Enlisted With WHO



Access to Digital Library of HEC



NBDE

Recognized to NBDE

COORDINATION / WORKING PARTNERS



United Nations International
Children's Emergency Fund
(UNICEF)



World Health Organization (WHO)



International Development
and Relief Foundation, Canada



Aga Khan University, Karachi



MoU with Universitas Yarsi
Jakarta, Indonesia



Enlisted with FIMA's Consortium
of Islamic Medical Colleges
(CIMCO)



Gesellschaft für Internationale
Zusammenarbeit, Germany



Canadian International
Development Agency,
Canada (CIDA)



International Islamic Charity
Organization, Kuwait (IICO)



MoU with Cyberjaya University College of
Medical Sciences, Malaysia



Pakistan Islamic Medical
Association, Pakistan (PIMA)



Al Khidmat Foundation
Pakistan



MISSION STATEMENT

Excellence in professional competence and ethical values

OUR SLOGAN

"Come with commitment, grow with wisdom and leave with professional and ethical competence for a bright future". We believe in creating your tomorrow today.

EDUCATIONAL OUTCOMES

- Provide just, equitable and ethically driven dental health care to the community for common illnesses, including preventing and therapeutic services.
- Communicate effectively with patients, their caregivers, colleagues and other healthcare personnel.
- Contribute maximally to the biomedical research and development of evidence based dental health care interventions.
- Demonstrate effective team work in dental health care provision.
- Employ critical and reflective thinking, lifelong learning and self-accountability for their continuing personal and professional development.
- Model exemplary moral conduct and be a mentor for junior colleague and students.
- Prove to be socially responsible, honest, respectable and patriotic citizen





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Message from

PATRON

PRIME FOUNDATION

I take this opportunity to admire and congratulate all the students in making the best use of their capacities during the challenging times and making it through the tough selection process against all odds and securing admission in the colleges of Prime Foundation Pakistan (PF).

I am pleased to inform you that PF Pakistan, the owner of Peshawar Medical, Dental and Nursing College is not owned by an individual or family but by a Board of Directors with experts from divergent fields who opted to join hand with a paradigm and concept of developing and running valued based educational institution in a professional manner with mission statement of "Excellence in Professional Competence and Ethical Values". Schooling is information that one gets in the process of academics, while education is the positive change in the attitude of individuals. PF attempts to provide the same in the course of studies and practice in the academic accomplishments and careers of students, with real time self and social awareness.

The institutions of PF have one of the best faculty of highly experienced, skilled, dedicated and qualified teachers who employ contemporary teaching techniques, with state-of-the-art teaching and training facilities, courtesy a very well-developed department of medical education using technology-based modern approaches in dealing with the education and health issues. The graduates are second to none in passing the postgraduate examinations, both within the country and abroad. Emphasis on moral training to meet the challenges of a rapidly advancing world, in line with our cultural and Islamic values is one major area that is the hallmark of our graduates.

All indicators of success are proliferating, be it undergraduate enrollment and achievement, or graduate education and research, faculty success in garnering research, and recognition of excellence through awards, to the students and faculty. As front runners of health care providers and educationists, the knowledge and research contributions of our faculty continue to drive changes at all levels. PF is providing highly discounted Health Facilities in its attached teaching hospitals, which is the only such model in the private sector medical education facility. The emphasis here is not on infrastructure but quality and affordable health care.

PF is genuinely proud of its Corporate Social Responsibility by providing support of more than more two billion Pak Rupees so far, to the most deserving communities through the Prime Institute of Public Health in coordination with United Nation Organization and International and National Non-Governmental Organizations as well as the provincial and Federal Government, especially in the area of Mother -Child Health and Nutrition.

I would like to graciously welcome all of you who are interested in enriching your careers and invite you to explore the institution and encourage you to take part with us in shaping the future of healthcare and provide best affordable possible services to our public.

May Allah bless you all.

Prof. Dr. Najib UI Haq

MBBS, FCPS, MRCP (EDIN), FRCP (GLAS)

Message from

CHAIRMAN

PRIME FOUNDATION

Dear Students!

On behalf of the Prime Foundation Pakistan, I extend gratitude for showing your interest in our Programs. The Foundation is not owned by an individual but is run by a dedicated Board of Directors. Our mission statement "Excellence in professional competence and ethical values", can only be achieved through gaining essential knowledge and skills in the respective fields, as well as focusing on character and values. Therefore, the institutes of the foundation actively seek to adopt the latest teaching and training techniques that include integrated curriculum, and promoting and facilitating research, in order to develop well educated and ethical professionals who can become a useful part of national and global work force. Prime Foundation was established to shape the society by producing future leaders with requisite skills and an attitude of life-long learning through the knowledge-centered culture provided at our campuses with experienced faculty members geared to provide a world-class, well- balanced, and challenging learning environment to produce exceptional professionals in line with tomorrow's technology. Therefore, the institutes of Prime Foundation inspire students to play their role in the provision of healthcare on a national as well as global level which is evident from the achievements of our students, and our alumni are a living proof of our approach to education in finding a fulfilling career and a meaningful life at both professional and spiritual levels.

The institutes of Prime Foundation are meticulously focusing on creativity and research, in order to stay in-touch with the continuous developments taking place globally, to provide an advantage to our students in establishing their practices which will prepare them for the various challenges.

We look forward to supporting our students' personal and professional growth and invite you to join us in our efforts to improve the state of affairs at the level of the local community, the nation, and ultimately the ummah: and in this context, the future step is to develop a world-class university to take our mission further.

Dr. Asfandyar

MBBS MCPS, MRCGP
M.Sc (Med Edu)

Message from

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Dr. Asfandyar

MBBS MCPS, MRCGP
M.Sc (Med Edu)

Message from

DEAN

FACULTY OF HEALTH SCIENCES

Dear Students,

It's my privileged honor to introduce to you the various institutions of Prime Foundation, including Peshawar Medical College, Peshawar Dental College, Ruffaidah Nursing College, Department of Post Graduate Health Professional Education and Prime Institute of Public Health. All these institutions are established with the clear vision and mission of uplifting the professional and ethical standards of health care workers in our country, which will ultimately lead to a rise in the standards of health care for the people of Pakistan. Our country desperately needs to address the level of health care available in less privileged cities and rural areas. Prime Foundation is determined to produce doctors, nurses and paramedics who are:

1. Professionally competent
 2. Excellent in ethical values and practice
 3. Cognizant of community health needs
 4. Research oriented
 5. Well versed in IT and latest health technologies
 6. Capacitated to successfully meet the global health challenges
 7. Able to place themselves at national and international levels in highly competitive environment
- At the organizational level, we are trying our best to achieve the above mentioned goals by bringing together the best possible human resource in the fields of academics, health care and administration. We have tried to provide the best possible environment of living and learning, conducive for achieving these high goals. We have developed a hybrid system based integrated modular curriculum in line with international standards within the framework of Pakistan Medical & Dental Council

We believe in discipline within a participatory and friendly learning environment which enables healthy growth of innovative ideas, leading to the achievement of noble objectives. We believe that you are the real asset for the nation and therefore have developed a comprehensive Human Development Based (Hu De Ba) research curriculum in line with PMDC guideline. The curriculum is tailored for your holistic personnel growth including professional and ethical development.

We place great emphasis on co-curricular activities for this holistic development. Welcome you warmly to our institution where you can "Enter to grow in Wisdom"

Prof. Dr. Hafeez-ur-Rehman
FCPS (Ophth), ICO, ADHPE (AKU)

Message from

PRINCIPAL

PESHAWAR DENTAL COLLEGE

Dear Students,

On behalf of Peshawar Dental College, I am delighted to extend a warm welcome to you as you consider embarking on an exciting educational journey at Peshawar Dental College, a prestigious female dental college of the province as well as of the country, a project of Prime Foundation.

Peshawar Dental College is a dedicated dental educational center of learning, innovation and growth within the limits of Islamic traditions. We believe in promoting not only dental professionals, but also individuals who will make a positive impact on the world of healthcare.

During this period you will be exposed not only cutting edge of knowledge but also hands on experiences, a very important component of the course. This actually involve you in providing the services to the patients that will shape your future. You will found yourself in a very friendly atmosphere that is very much needed for your professional brought up.

Our esteemed faculty members are not only teachers but also mentors who are dedicated to help you in accomplishing your full potential. We have developed an integrated curriculum in line with international standards within the framework of Pakistan Medical and Dental Council (PM&DC) that encompass our mission, vision and ethical values. Whether you are passionate about the art of dentistry, the science behind it or the compassionate care that comes with it, Peshawar Dental College is here to support you at every step of your academic journey. Beside curricular engagement we also give prominence value to co-curricular activity for your entire development Thank you for considering Peshawar Dental College, a dynamic learning institute for your educational aspirations.

Prof. Dr. Muhammad Raza

BDS, FCPS, MPH, CHPE

PESHAWAR DENTAL COLLEGE

INTRODUCTION

Peshawar Dental College (PDC) is one of the project of the Prime Foundation. The college is for female only. The Main aim is to produce excellent female dentists in term of professional competence, integrity, commitment, dedication to perform clinical work and ability to do independent research.

College has been approved by the Pakistan Medical & Dental Council (PMDC), Federal Health Ministry, and HEC and also affiliated with Riphah International University Islamabad. PDC conducts a 4 years practical and clinical course of study leading to the award of BDS degree. We have taken a step ahead and started an integrated modular system from the session 2019-20.

Peshawar Dental College aspires to produce Dental Graduates with the following minimum attribute:

Diagnose oral health issues, develop appropriate treatment plan and perform a range of dental procedures competently.

- Communicate clearly with patients, conveying treatment options and oral hygiene instructions.
- Uphold high ethical standards; prioritize patient well-being, confidentiality and trust.
- Exhibit professionalism in appearance, behavior, and interaction with patients and colleagues.
- Collaborate effectively with in a healthcare team to ensure comprehensive patient care
- Embrace new technologies and techniques, staying updated with advancements in dentistry.
- Possess strong problem solving skills to address unforeseen challenges during treatment
- Understand patient's concerns and provide compassionate care for better patient experiences.
- Committed to continuous learning and professional development throughout their career





INFRASTRUCTURE

PDC spread over lush green land of 36 kanals. It includes the administration block, academic block including the basic science departments, museum of dental material. Laboratories, skill lab dental education department, lecture halls and tutorial rooms.

Clinical departments including operative dentistry, oral and maxillofacial surgery, orthodontics, prosthodontics, periodontology and oral medicine, emergency department and VIP dental clinic, all are fully equipped with modern facilities.

In addition to the college building the campus houses the boy's hostel, libraries, common room, cafeteria, Masjid and Prime Tea Hospital. All the departments of dental hospital are air-conditioned. The basic clinical facilities of PMC are also available to the BDS students.

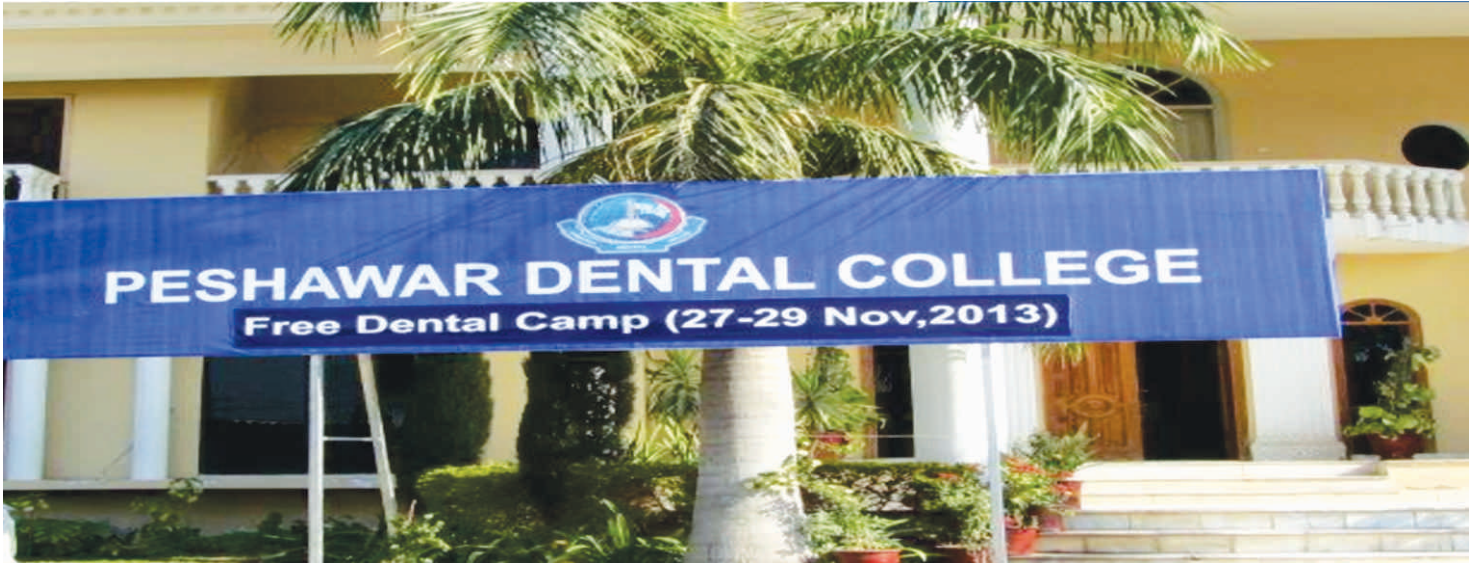


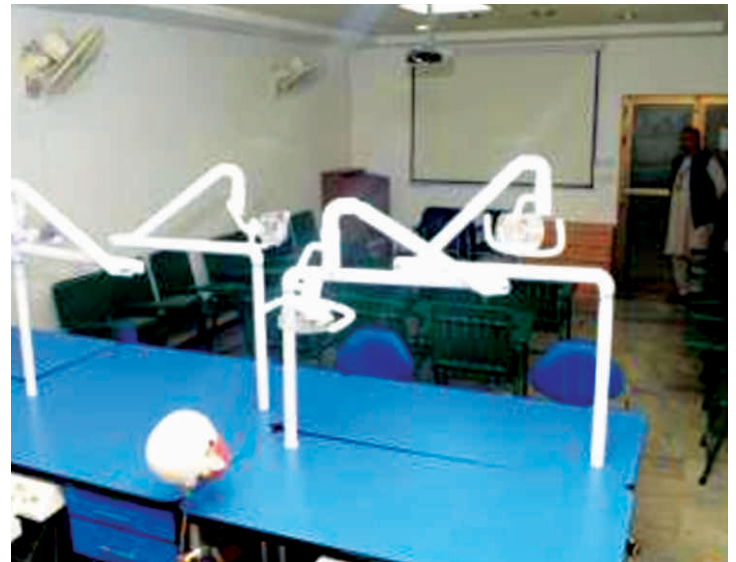
















LIBRARY & SELF LEARNING RESOURCE CENTER

PDC is having its own state of the art air conditioned library and self-learning resource center. The library has computers with internet facility. HEC has granted PMC & PDC access to its digital library that has more than 25000 professional journals online. Books in the Library have been properly classified and catalogued. Presently it carries 1400 professional books. It remains opened from 08:00 am to 2:00 pm for all students. It is supervised by highly experience and qualified librarian. Students of the Peshawar Dental College are also provided membership of the PMC library from where they can barrow books of their interest.



PDC TEACHING FACULTY

(BASIC & CLINICAL)



Anatomy

Dr. Ambreen Humayun

Assistant Professor
BDS, M.Phil

Dr. Anoosha

Lecturer
BDS

Dr. Samreen

Lecturer
BDS

Bio Chemistry

Dr. Hina Hakeem

Assistant Professor
BDS, M.Phil

Dr. Menhas

Lecturer
BDS

Dr. Khadija Rehman

Lecturer
BDS

Physiology

Dr. Munaza Khattak

Associate Professor
BDS, M.Phil

Dr. Marina Hidayat

Senior Lecturer
BDS, M.Phil

Dr. Hafsa Humayun

Lecturer
BDS

Pharmacology

Dr. Amna Umer

Assistant Professor
BDS, M.Phil

Dr. Urooj

Lecturer
BDS, M.Phil

Dr. Syed Noman Umar

Lecturer
BDS

Pathology

Dr. Sadaf Alam

Professor
MBBS, M.Phil

Dr. Natasha Kamran

Senior Lecturer
BDS, M.Phil

Dr. Razia Aamir

Lecturer
BDS

PDC TEACHING FACULTY

(BASIC & CLINICAL)



Community & Preventive Dentistry

Dr. Farzeen Khan

Professor & HoD
BDS, MSc, M.Phil

Dr. Khadija Bibi

Lecturer
BDS

Dr. Aamir Hameed

Assistant Professor
BDS, MPH

Dr. Muhammad Fuad Khan

Lecturer
BDS, MPH

Dr. Farah Shah

Senior Lecturer
BDS, MSc

Oral Pathology

Dr. Abbas Saleem Khan

Professor & HoD
BDS, M.Phil, Ph.D

Dr. Tehmina Naushin

Assistant Professor
BDS, M.Phil

Dr. Nasiha Motahir

Associate Professor
BDS, M.Phil

Dr. Karishma Ali

Senior Lecturer
BDS, M.Phil

Dr. Fatima Iqbal

Associate Professor
BDS, M.Phil

Dr. Laiba Fayyaz

Senior Lecturer
BDS, M.Phil

Oral Biology

Dr. Dila Baz Khan

Professor & HoD
BDS, M.Phil

Dr. Imran Khattak

Assistant Professor
BDS, M.Phil

Dr. Munawar Aziz Khattak

Associate Professor
BDS, M.Phil

Dr. Asma Sattar

Senior Lecturer
BDS

Dr. Sana Arbab

Assistant Professor
BDS, M.Phil

PDC TEACHING FACULTY

(BASIC & CLINICAL)



Sciences of Dental Material

Dr. Amjad Hanif
Professor & HoD
BDS, MSc, Ph.D

Dr. Zudia Riaz
Lecturer
BDS, M.Phil

Dr. Mehreen Imran
Associate Professor
BDS, M.Phil

Dr. Mah Rukh
Lecturer
BDS

Dr. Hina Rahman
Assistant Professor
BDS, M.Phil

Department of Dental Education (DDE)

Dr. Uzma Siddique
Assistant Professor
BDS

Dr. Fatima Abdul Qayum
Senior Lecturer
BDS

Dr. Mushyyada Durrani
Senior Lecturer
BDS

Dr. Amara Hayat Awan
Senior Lecturer
BDS

Surgery & Allied | Allied Health Sciences

Dr. Nasir Bakhtiar
Assistant Professor
MBBS, FCPS

Dr. Wasif
Junior Registrar
MBBS

Oral Medicine

Dr. Muhammad Younas
Associate Professor & HoD
BDS, FCPS

Dr. Manzar Iqbal
Lecturer
BDS

Dr. Zainab Haisiyat
Lecturer
BDS

PDC TEACHING FACULTY

(BASIC & CLINICAL)



Operative Dentistry

Dr. Iftikhar Akbar

Professor & HoD
BDS, FCPS

Dr. Zubair Aslam Khan

Registrar
BDS, DCD

Dr. Amna Khan

Lecturer
BDS

Dr. Muhammad Zain

Assistant Professor
BDS, FCPS

Dr. Fauzia Shah

Lecturer
BDS

Dr. Hassan Jan

Lecturer
BDS, Msc

Dr. Amir Hamza

Senior Registrar
BDS

Dr. Palwasha Zahid

Lecturer
BDS

Paedodontics

Dr. Hasham Khan

Professor & HoD
BDS, DCP

Dr. Kinat Haider

Lecturer
BDS

Dr. Humaira Hayat Awan

Assistant Professor
BDS, DCP

Dr. Zarghuna Niaz

Lecturer
BDS

Oral & Maxillofacial Surgery

Dr. Syed Amjad Shah

Professor & HoD
BDS, FCPS

Dr. Areeba Fahim

Lecturer
BDS

Dr. Muhammad Ishfaq

Associate Professor
BDS, FCPS

Dr. Sobia Kanwal

Registrar
BDS, FCPS

Dr. Nadia Ashraf

Assistant Professor
BDS, FCPS

PDC TEACHING FACULTY

(BASIC & CLINICAL)



Orthodontics

Dr. Shahab Adil

Professor & HoD
BDS, FCPS

Dr. Huma Sikandar

Junior Registrar
BDS

Dr. Zafar-ul- Islam

Associate Professor
BDS, FCPS

Dr. Huma Sardar

Junior Registrar
BDS

Dr. Hasan Ali Raza

Assistant Professor
BDS, FCPS

Dr. Salma Bibi

Lecturer
BDS

Periodontology

Dr. Mahirah Iqbal

Assistant Professor & HoD
BDS, DCP

Dr. Hina Tariq

Lecturer
BDS

Dr. Zeeshan Danish

Assistant Professor
BDS, MCPS

Dr. Hafiza Tayyaba Muqarab

Lecturer
BDS

Dr. Taif Ahmad

Senior Registrar
BDS, FCPS

Dr. Abira Hamid

Lecturer
BDS

Prosthodontics

Dr. Muhammad Raza

Professor & HoD
BDS, FCPS, MPH

Dr. Maryam Tahir

Junior Registrar
BDS, FCPS

Dr. Muhammad Sartaj Khan

Assistant Professor
BDS, FCPS

Dr. Samia Manzar Qureshi

Junior Registrar
BDS

Dr. Saima Afridi

Senior Registrar
BDS, FCPS

Dr. Shazia Raif

Lecturer / Registrar
BDS

TEACHING HOSPITALS

For the clinical training of Medical and Dental Students, PRIME Foundation has four teaching hospitals with six hundred and twenty two (622) beds. These hospitals are purpose-built, with state of the art equipment and having facilities like laboratories, X-Ray, Dialysis Units, Angiography, Ultrasound, C.T Scan, ECG, ETT, etc. These hospitals provide a full range of surgical, medical, and allied services through highly qualified, experienced and renowned staff. They have the distinction of providing quality services on 'no-profit no loss' basis. Kuwait Teaching Hospital and Mercy Teaching Hospital, located on main University Road are multidisciplinary charity hospitals each having two hundred and fifty beds while Prime Teaching Hospital located on Warsak Road, has one hundred and eighty beds. These hospitals are also recognized for postgraduate training in clinical disciplines.

These institutions have been established with a clear objective of long term community development by providing human resources who are:

- Professionally competent
- Excellent in ethical values and practice
- Cognizant of community health needs
- Research minded and lifelong learners
- Well versed in IT and latest health technologies
- Capable to successfully meet the local and global health challenges
- Competitive at national and global level

Obviously the realization of just cited purpose required a lot of resources and facilities. We can confidently say that we have been successful in that and managed to move in the right direction.



PRIME
TEACHING HOSPITAL



KUWAIT Teaching Hospital



MERCY TEACHING HOSPITAL



PRIME TEACHING HOSPITAL



AFRIDI MEDICAL COMPLEX



DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

INTRODUCTION

The program of postgraduate studies (M.Phil & Ph.D) in "Basic medical Sciences" (BMS) has been launched by Peshawar Medical College (PMC) in accordance with the regulations of Pakistan Medical & Dental Council (PMDC) in line with Higher Education Commission (HEC) policy guidelines to promote multi- disciplinary approach focusing mainly on major subject of trainees' choice.

The course work is designed specifically to update and extend the depth and breadth of knowledge and professional skills of the area of interest. The course will also promote interdisciplinary approach to produce versatile medical experts with advanced & broad based area of specialization. Cross- disciplinary collaboration will be promoted to develop diverse skills. In addition, these trainees will be exposed to current knowledge and skills of various related fields diagnostic procedures, medical education techniques, scientific communication & writing skills, bio informatics, e-learning (including computer skills) and medical ethics. Our goal is to produce knowledgeable, component and motivated basic medical sciences specialists who will actively participate in the development of medical profession as experts in their respective fields.



DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

RECOGNIZED FOR FCPS-II TRAINING

- General Medicine
- General Surgery
- Obstetrics & Gynaecology
- Paediatrics
- Ophthalmology
- Vitreo-Retinal Ophthalmology
- Anaesthesia
- Neurosurgery
- Psychiatry
- Histopathology
- Otorhinolaryngology (ENT)
- Endocrinology
- Orthopedics
- Urology
- Cardiology

RECOGNIZED FOR MCPS TRAINING

- Obstetrics & Gynaecology
- Ophthalmology
- Anaesthesia
- Paediatrics
- Diagnostic Radiology

RECOGNIZED FOR FCPS-II TRAINING

- Prosthodontics
- Operative Dentistry
- Orthodontics
- Oral & Maxillofacial Surgery



DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

GENERAL INSTRUCTIONS

General Administration

- The Director Postgraduate Program will coordinate all the Postgraduate Programs.
- Daily attendance will be marked separately during theory classes, lab sessions and clinical visits.
- 80% attendance is mandatory to appear in final examinations.
- Casual leave will be granted only in emergency situations.
- Sick Leave is permissible on submission of valid medical certificate

Library

The trainee can avail library facilities on all working days during the prescribed hours. However, he/she will have to follow the rules of the library.

Any trainee, who loses, defaces or otherwise seriously damages any book, is liable to replace the same or pay the cost of the book. If the book is one of the set or series, the cost of the whole set or series will be charged from the concerned trainee.

Hostel Accommodation

Hostel accommodation will be subject to availability and will be given only after the full payment of accommodation fee according to the existing rules.

Identity Card

The trainee will be issued a non-transferable identity card having a recent photograph duly signed by the Director. This card must be kept by the trainee within the premises.

Duplicate cards will not be issued except under special circumstances and after permission from Director Postgraduate Department.

DEPARTMENT OF DENTAL EDUCATION - A COMMITMENT

"Educating the mind without educating the heart is no education at all"

~Aristotle.

In this era of evidence-based practice, Peshawar Dental College proudly showcases its unwavering commitment to excellence in dental education and ethical values through its Department of Dental Education (DDE). From its inception, the DDE was established with a clear understanding that the institution's overarching goal of achieving "excellence in professional competence & ethical values" necessitates a dedicated department focused on ensuring quality assurance in dental education across all levels.

Comprising a dynamic team of faculty members formally trained in the field of dental education and a group of highly skilled information technology experts, the DDE serves as a cornerstone of the institution's vision to stand out as more than just another name in the list of dental colleges in Pakistan. It is a living embodiment of a vision and commitment to making a positive impact on the lives of individuals, aligning its ethos with values of modernity, creativity, open-mindedness, reformism, self-evolution, self-actualization, and an unwavering dedication to continuous improvement.

Over the years, the DDE has evolved into a strategic tool for realizing the institution's ambitious goals. Collaborative quality assurance initiatives and institutional collaborations with other esteemed organizations and institutions have strengthened the department's role as a driving force behind the institution's commitment to excellence in dental education.

Remaining at the forefront of academic and professional development, the DDE ensures that the intellectual horizons of its faculty extend beyond the institutional level, reaching national and international spectra. The department is dedicated to transforming this intellectual pledge into a tangible reality, aligning with the specifications set by the Pakistan Medical & Dental Council (PMDC), Higher Education Commission (HEC), and College of Physicians and Surgeons Pakistan (CPSP).



In adherence to PMDC guidelines, Peshawar Dental College has meticulously designed a five-year undergraduate program leading to the BDS degree, demonstrating a firm commitment to maintaining educational standards through self-accountability, continuous monitoring, and objective periodic evaluation.

Student development takes center stage in every facet of educational planning and implementation. The DDE focuses on cultivating a holistic educational experience, incorporating innovative curricula for behavioral sciences, ethics, and professionalism.

The mentor-mentee system, an undergraduate dental research department, and a diverse array of curricular and co-curricular activities, such as student-led conferences, symposia, seminars, guest lectures, international medical students' summer camps, and visionary student societies like social welfare, literary, and sports societies, all contribute to comprehensive student development.

The DDE actively facilitates and supports these activities, aspiring to position Peshawar Dental College as a leading visionary institution at both the national and international levels.





DEPARTMENT OF INFORMATION TECHNOLOGY & MEDICAL INFORMATICS

Information Technology (IT) plays a basic and mandatory role in facilitation of education & learning process in all the institutions of PMC and allied teaching hospitals. Alongside IT is taught as a subject in all undergraduate and postgraduate programs. Human resources at the department of IT & MI are highly qualified in software development, hardware and network establishment & maintenance. Latest server, clients, PCs and other IT equipment are installed for students, faculty and staff. Computers with internet access are provided in Libraries to turn these into learning resource centers.

The department of IT is proficient in developing latest software as per the arising needs of institutions. Software developed in house includes but not limited to Students & Exams IMS, Hospitals IMS, and HRMS. This software is accessible through all devices via websites and smart phone app.

Websites have been developed for faculty, students and general public. Faculty and Students have been granted access via dedicated login areas. Faculty can upload learning material/ resources other than normal lectures delivered in the class, practical performed in labs and Bedside Teaching provided in hospitals. Students and faculty have access to in-house and online learning resources at different locations in campus e.g. IT Resource Center, IT Labs and Libraries. They have seamless access to HEC online Digital Library over the college. Lectures audio are recorded and uploaded to the student's login for their revision at home. Research is given immense importance in PMC. A separate department is dedicated to Medical Research and two devoted websites have been developed for this purpose. i.e. UMRand ORIC.

In COVID-19 pandemic situation, students were provided facility of taking lectures online. PMC & PDC were the pioneers in providing online education very early during the same epidemic circumstances. The same facility is indented to be further developed to work as blended learning system in near future. In Sha Allah.

STUDENTS INFORMATION SYSTEM (SIS)

PMC is among the pioneer institutes of the country that developed comprehensive software on SIS with objective monitoring indicators regarding every student's presence and performance in each academics activity i.e., lecture based MCQs scores, tests/stages scores (including student/parent alerts and feedback systems).

This information system enables PMC & PDC administration to take timely actions to improve its educational standards. It also provides self assessment opportunities to students & staff to analyze their performances. Moreover, parents are allotted a login and password on the college website through which they can monitor their ward's progress in terms of attendance and academics.

OFFICE OF RESEARCH

As part of its quality package, Peshawar Medical College has always focused on inculcating a strong sense of Research and Bioethics at both the undergraduate and faculty levels. Office of Research set up at PMC organizes, facilitates and promotes this goal by providing progressive guidance, training & capacity building workshops, and a detailed system for high quality research at the institute.

Rotation in research and workshops on various areas of research methodology are a part of the curriculum. Students are not only given research projects during each academic year, under the instruction of supervisors, but they are also expected to and supported in writing at least five research articles during their five years of academic career in the college. Research reports are shared through verbal and poster competitions. Best papers are awarded prizes. For more encouragement. Students are offered sponsorships for presenting papers in National and International conferences. Students can also apply for publication incentives to the institute on publishing their research.

Beside its role in fostering and strengthening research culture, the Office of Research plays its role by enabling and encouraging students to plan, manage and report their research projects as well as practically learn in field demonstration sites. Our Institutional Review Board ensures that all research projects are ethically compliant with both international ethical standards and the institute's values.

The Office of Research believes in building competent doctors by helping to develop strong skills in IT, Communication and Research, which will provide them distinctive academic leverages for better global competitions and enable them in planning strong careers in future.



INSTITUTIONAL REVIEW BOARD

PMC is among the few medical colleges in Pakistan that has a formal Institutional Review Board. The mandate of this board is to inculcate ethical practices in healthcare and healthcare research under the ambit of PMC & PDC and promote these norms for adoption at all levels. The board comprises of medical and dental doctor, social scientists and religious scholars of diverse schools of thought.

CONTINUING MEDICAL & DENTAL EDUCATION (CME/ CDE)

To keep the teachers abreast of the advancements in knowledge and current trends, the department of medical education regularly conducts CME and COE programs for the faculty of PMC & PDC.

The program was introduced by the legendary Prof. Dr. Siraj ud Din Ahmad (Professor of Medical College and Former Principal of Khyber Medical College) in 2006. Now our department of medical education (DME) regularly organizes a certificate course in health professional's education (CHPE) and research methodology to meet the professional development needs of medical and dental teachers and our postgraduate students. Other CME and COE activities are also organized by various departments in collaboration with DME. The CME program includes locally available courses, national and international courses.



HUMAN DEVELOPMENT BASED (HUDEBA) CURRICULUM

Our medical education curriculum is designed to provide graduate who can demonstrate excellence in professional competence and ethical values. This curriculum is based on the Pakistan Medical & Dental Council (PMDC) & Higher Education Commission guidelines and is an outcome-based, integrated hybrid curriculum that is orientated to address the local and global needs. We call it HuDeba curriculum i.e., 'Human Development Based' curriculum.

To accomplish the mission statement, a structured program has been introduced to encourage professional and personal development of students during their stay in the College. In addition to their regular contact with teaching faculty, they get ample opportunity of interaction with leading professional and social scientists, invited as guest speakers. A conscious effort is made to achieve excellence in professional and ethical conduct.

The Pakistan Medical & Dental Council (PMDC) prescribed curriculum of MBBS and BDS degree is strictly followed. For detail of the curriculum, students are advised to visit the Pakistan Medical & Dental Council (PMDC) website: www.pmc.gov.pk

EXAMINATION

This includes 'Internal evaluation/in-course assessment' as well as a comprehensive university examination in all the subjects. The rules, regulations and instructions of concerned authorities are followed in letter and spirit. For detail about examination, students are advised to visit the Pakistan Medical and Dental Council website.



STUDENTS' COUNSELING SERVICE

PMC have the distinction of providing counseling to its students by a team of qualified and experienced counselors regarding their emotional, personal and educational problems. The objective is to nurture the students in a way that they grow to their full potential and learn problem-solving skills at an early age.

GROUP MENTORING FOR PROFESSIONAL DEVELOPMENT

In line with the vision and mission of our institutions we support the personal and professional development of our students in a variety of ways. In this regard our mentor-mentee system has been operational since 2009. It includes group mentoring strategies through which each mentor supports the students' development process for a group of 10 to 12 students. They have regular on-the-campus meetings and other activities. The department of medical education supports the management, coordination and faculty development needs of the system.



CO-CURRICULAR ACTIVITIES

The college is not oblivious to the Importance of physical and recreational activities as important co-curricular activities for health. Our Literacy and Social Welfare Societies continue their activities through the year, including competitions and contests, arranging health and charity camps, and organizing activities. Commemoration of world health events like World Health Day, World No-Tobacco day, World TB Day, World Mental Day etc. and activities like community work, debates and speech competitions, and literacy events are always encouraged. The sports society organizes competitions during spring for the students and faculty which are thoroughly enjoyed by everyone and help bring out the athletic side of our future doctors. Facilities for outdoor sports are available on the college premises. Department of Undergraduate Medical Research arranges an array of activities, focused on strengthening the concepts and practice of research among students.



DEPARTMENT OF UNDERGRADUATE MEDICAL RESEARCH

Peshawar Medical College (PMC), Peshawar Dental College (PDC) and Rufaidah Nursing College (RNC) are student centered colleges. These institutes were established with a clear objective of producing doctor and nurses who are professionally competent with excellent ethical values and practices and are research-minded.

Research has been incorporated in the curriculum, right from first year. The Department of Undergraduate Medical Research (UMR), which is implementing this part of the curriculum, is rightly proud of this pioneering work among Khyber Pakhtunkhwa Medical colleges, both in Public and Private sectors.

Recently, research curricula for all years of MBBS and BDS have been revised. The new curricula are being implemented from year 2018 onward. The third year MBBS students now have a 3-week rotation at the department of UMR during which emphasis is laid on research ethics, skills and proposal development. Qualified faculty members from basic science, clinical sciences and social sciences supervise students' research projects. The students are made well aware of the importance of research ethics and all research projects have to be approved by the Ethical Review Committee. The fourth year students have to conduct a mandatory research study and write the research report to qualify for the final year. The students are encouraged to publish their research studies and provided with the necessary guidance. Students of PMC, PDC and Rufaida Nursing College have presented their research work both at national and international forums. As a reward for contributing to research, the students and their supervisors are awarded incentives once their research is published in HEC-recognized journals.



Vision: To create leaders in health sciences research

Mission: To provide an enabling environment for creativity and excellence in all domains of health science research at undergraduate level, directed towards socio-economic well-being.

Since its inception, Peshawar Medical College organizes a national annual undergraduate medical research conference that has become an integral academic/co-curricular activity. Each year, the conference is centered on a particular theme of public health importance. The Undergraduate Medical Research Department has provided a platform where 1,831 undergraduate research projects have been presented so far. Besides presenting their research in the form of verbal or poster presentations, the participants from all over the country, have an opportunity to benefit from other educational activities including skills experts in the relevant field. A glimpse of these conferences.

S.No	UMR Conference	Theme
17	17th UMR Conference 2024	Bridging Minds, Advancing Research
16	16th UMR Conference 2023	Transcending in Research
15	15th UMR Conference 2022	Keeping the research culture alive
14	14th UMR Conference 2021	Promoting Research among undergraduates
13	13th UMR Conference 2020	Promoting research culture
12	12th UMR Conference 2019	The Quest for the Truth
11	11th UMR Conference 2018	To create leaders in health sciences research
10	10th UMR Conference 2017	A decade of learning & innovation
9	9th UMR Conference 2016	Diabetes
8	8th UMR Conference 2015	Food Safety
7	7th UMR Conference 2014	Vector-Borne Disease, small creatures, big threat
6	6th UMR Conference 2013	Quality and Affordable Healthcare
5	5th UMR Conference 2012	The Art of Prescription Writing
4	4th UMR Conference 2011	Patient Satisfaction-Our Baseline
3	3rd UMR Conference 2009	Promoting research among undergraduates
2	2nd UMR Conference 2008	Promoting research among undergraduates
1	1st UMR Conference 2007	Promoting research among undergraduates



HOSTELS

Peshawar Medical College (PMC) & Peshawar Dental College (PDC) has separate hostel for Boys & Girls. The hostels have the facilities of library, 24/7 electricity with generator back-up, CCTV cameras, 24/7 security & indoor games for its residents. Since hostel spaces are limited, students offered admission to the college should apply for the hostel as early as possible. Students shall apply for a seat on the prescribed forms available with the student's affairs section. Seats are allotted by the Provost in accordance with the rules subjected to availability of accommodation. Allotment in PMC hostel is purely on merit.

The provision of hostel accommodation will not only serve as a nearby residence but the college aims to utilize this opportunity to:

- Provide a conducive environment for professional education of the residents.
- Help the residents to achieve the highest level of the ultimate vision of the college "excellence in professional & ethical values".
- Enable the residents to have extended hours of learning.

HOSTEL RULES

1. Students seeking admission in the hostel have to apply to Provost on the forms available at college student's affairs section. The Provost on the basis of receipt date of the application, merit list will allot seat to the student and that student will come under the "Rules & Regulation for PMC Hostels Management".
2. The Provost has the right to refuse/cancel admission in the hostel to student whose past record in the hostel is not satisfactory or any other reason he/she deems so.
3. The hostel authority reserves the right to take disciplinary action including cancellation of allotment of hostel accommodation, for violation of Hostel Rules. Steering committee/Hostel management committee will be the final authority for both rewards and punishment on case to case basis. In all cases including serious punishment one time appeal to the steering committee will be permissible.
4. Living in the hostel is not mere provision of a facilitated accommodation but in addition it's an active part of learning process.
5. The residents should respect mutual coexistence. They should be accommodative to others and abstain from abusive language. Barricading stair, corridors, gates & other areas of general use in the hostel(s) are against the hostel discipline and shall be dealt with strictly.
6. All rooms are air-conditioned and also having heating facilities. Hostel washroom having geyser for hot water.
7. Every boarder will be provided with one bed, one wardrobe, one study table and chair by the college. All boarders shall be responsible for the furniture and fittings of the rooms provided to them. The rooms must be kept clean and tidy. It is the duty of each student to maintain high degree of cleanness in the hostel.
8. Students residing in the Hostel are not allowed to keep valuable item and extra cash in the hostel. Hostel(s) administration will not be responsible for any loss, damage or theft of any personal belongings of the residents.
9. All the residents of the boys hostel(s) shall be present in the hostel before "Maghrib" unless permitted in writing by Provost/deputy provost/ Warden. Female resident can not leave hostel at any time after college hours without permission by warden as per rules.
10. Visit/stay of opposite gender in the hostel is not allowed.
11. Hostel is an optional facility and shall be charged annually but rent will be calculated on occupancy basis with minimum of six months slot.
12. Mess charges will be deposited on monthly basis.
13. Pre-paid electricity facility can be availed on consumption basis.

FACILITIES

MASAJID

Both PMC and PDC campuses have their own spacious, purpose-built, well furnished and air conditioned Masajid. The Masajid have separate congregational prayer zones for male and female Muslims.

TRANSPORT

The college has separate transport facilities for male and female students that provide pick and drop services within the city area on defined routes. Transport facility is also utilized for field visits, academic & excursion tours etc. Transport for day scholar is in optional facility and shall be charged annually but will be calculated on the basis of three months slot.

PARKING

Both the campuses (campus 1 & 2) as well as allied teaching hospitals of the college have parking facilities for the staff and visitors. With a view to effect social uniformity, students are not allowed to bring their vehicles in the college.

OTHER FACILITIES

CAFETERIA

College has cafeteria for male and female students. It offers quality food and refreshments at comparatively low rates.

BOOKSHOP

A book shop on PMC campus provides an easy access to staff & students to get medical literature including text book, stationery, clinical equipment etc. at subsidized rates.

PHOTOCOPYING SERVICES

Institution offers quality photocopying services at market rate to its students on campus for their assignments.

TELEPHONE FACILITY

Mobile Phones must be kept on silent mode during the college and hospital hours. However, in case of emergency during teaching hours, the students may avail telephone facility for making local or distant calls within the country to their parents/relatives after prior permission from the concerned teachers.

GUIDELINES FOR STUDENT CONDUCT

All students are advised to read these rules carefully, and abide by them all. Any violation of these rules will be tantamount to serious breach of discipline/order.

1. Students are required to follow college notifications, instructions issued by the Dean/Principal or by some other authority on their behalf.
2. Students are required to show decent and disciplined behavior in the classrooms. Students are forbidden to act in a manner which is unbecoming of a medical student inside the college /hostel/hospitals premises and outside.
3. Students are required to strictly observe college dress code.
4. The students must display their name cards while in the college premises or at the hospitals.
5. Students are required to observe punctually on all notified events and in the classes.
6. Every students is required to attend at least 75% of lectures, lab practical/clinical rotations/tutorials etc. Repeated absence from lecture, classes, and demonstrations and from hospital ward will make a student liable to expulsion from the college.
7. Students are not allowed to leave the lecture hall, practical class or hospital ward without the permission of the teacher.
8. No student will be allowed to leave the premises of the college and hospitals during working hours without written permission.
9. No student will be allowed to take the exam unless he/she has cleared all the dues and produced NOC from related departments at the time of submission of examination forms.
10. No student will be enrolled the next class unless he/she has deposited the college fee and other dues for the class.
11. Security measure to handle chemicals, equipment, instruments or reagents are to be strictly observed.
12. For purpose of leave, the students must apply in writing and give reason for his/her request.
13. Students are prohibited from using foul language, physical jokes or fighting.
14. Shouting, sloganeering, making noises or singing on the college/hostel/hospital premises are contrary to the decent behavior and conduct, therefore are not allowed.
15. Political activities are strictly forbidden in the college and the hostels in any forum, associated with the college. The college Disciplinary Committee will strictly deal with such cases. The punishment may include expulsion from the college.

16. Students shall not be allowed to address a press conference, or write or communicate by other means to the press on any issues related to the college, hospital, university or government without prior approval by the college.
17. No person shall be invited to address a meeting or society in the college premises without prior written permission of the Principal/Dean.
18. Students are not allowed to bring the outsiders in the college/hospitals/hostels premises without prior permission of the Principal/Dean.
19. Every part of the college building and hostel premises shall be kept clean, i.e. walls, fixtures, classrooms, lab equipment, books, specimens, charts, etc. should not be tampered with, mutilated or damaged in any way or form. Perpetrators will face strict disciplinary actions.
20. No poster or banner shall be displayed in the college /hostel/hospital premises without the approval of the Principal/Dean.
21. Socially unacceptable activities (gambling/use of narcotics/possession of arms, etc) are forbidden.
22. All accidents, major or minor shall have to be reported immediately to the college authorities
23. If a student has any complaint, he/she has to submit it in writing to the Vice Principal who will forward it to the Principal/Dean of the college for necessary action (if required).
24. Student desirous of addressing the Dean/Principal by a letter must do so individually. Joint applications shall be considered as breach of discipline & will not be entertained.
25. Student who wishes to make a representation on any subject has the right of direct access to the Principal or Dean during college hours by prior appointment.

PMC & PDC UNIFORM

The following dress code shall be observed while on college premises, or in a teaching hospital.

SUMMER UNIFORM

Girls:

- Grey shirt (knee length) with band collar, full sleeves and white shalwar.
- Plain black/plain white scarf (no fancy hijab)
- (Fancy hijab pins not allowed).
- Head scarf should cover all hair completely.
- Plain black shoes
- Fancy shoes or shoes with heels are not allowed
- Socks color: white/skin color
- Black bags
- Knee length white overall with full sleeves.

WINTER UNIFORM

(in addition to summer Uniform)

Girls:

- Students will wear black woolen sweater.
- Jackets/long coats are not allowed (both for male and female students)
- Only black color Abayas are allowed.
- Overall is to be worn on top of all clothing.
- Boys are not allowed to use any sort of hair accessories.

Note: - Any changes to the college uniform, if implemented, should be accepted by students as part of institutional policies aimed at maintaining discipline and identity.

Peshawar Dental College
FEE STRUCTURE
 FOUR YEARS FEE STRUCTURE FOR BDS

(SESSION 2024-25)

Particulars	1st Year	2nd Year	3rd Year	Final Year	Total Fee
Admission Fee	36,900	-	-	-	36,900
College Annual Tuition Fee	1,845,750	1,975,000	2,113,000	2,261,000	8,194,750
Total	1,882,650	1,975,000	2,113,000	2,261,000	8,231,650

For Foreign Students

Particulars	1st Year	2nd Year	3rd Year	Final Year	Total Fee
Admission Fee (PKR)	36,900	-	-	-	36,900
College Annual Tuition Fee (USD)	\$12 000	\$12 000	\$12 000	\$12 000	\$48 000

Note: College Annual Tuition Fee does not includes University Annual Charges, University Annual Examination Charges and Physical examination, Govt Taxes, Pakistan Medical & Dental Council Charges or such other charges laid down by Govt of Pakistan and Pakistan Medical & Dental Council from time to time.

Charges Payable to Government, Pakistan Medical & Dental Council and University as revised from time to time

University Annual Charges	Rs. 60,000
University Examination Annual Charges	Rs. 80,000
Students Initial Registration Fee / Annual Charges of Pakistan Medical & Dental Council.	
Fee for Provisional License of Pakistan Medical & Dental Council.	
National Licensing Examination Charges of Pakistan Medical & Dental Council. (If any)	
WHT as per FBR Rules as amended from time to time.	

Charges for Optional Facilities	Per Year	The charges will be revised keeping inview the market inflation, fuel and other utilites
Transport	180,000	
Hostel (Without Food & Electricity Charges)	204,000	
Mess	As per Actual	



PESHAWAR DENTAL COLLEGE

Educational Project of

PRIME FOUNDATION





Educational Project of
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